

Fashion and art advice from someone f.arding through life

Beautiful F.Art lovers, This year I implore you to go out and see art up close! This edition is here showing how it can seep into your everyday.

Also, gorgeous ones, I'm in the process of creating a web shop, any hints, tips, suggestions or requests are welcome. 🙏

**F.**Art



Agapanthus  
Claude Monet 1915 - 1926



La Grande Vallée VI  
Joan Mitchell 1983



And this little study of kids playing football was painted just the other day and can you not see how much those paintings are living on within me?

It's funny to see how much a single exhibition can affect your work. A couple of years ago I got to see the **Monet - Mitchell** exhibition in Paris. And I am still seeing how it creeps into so many of my paintings.



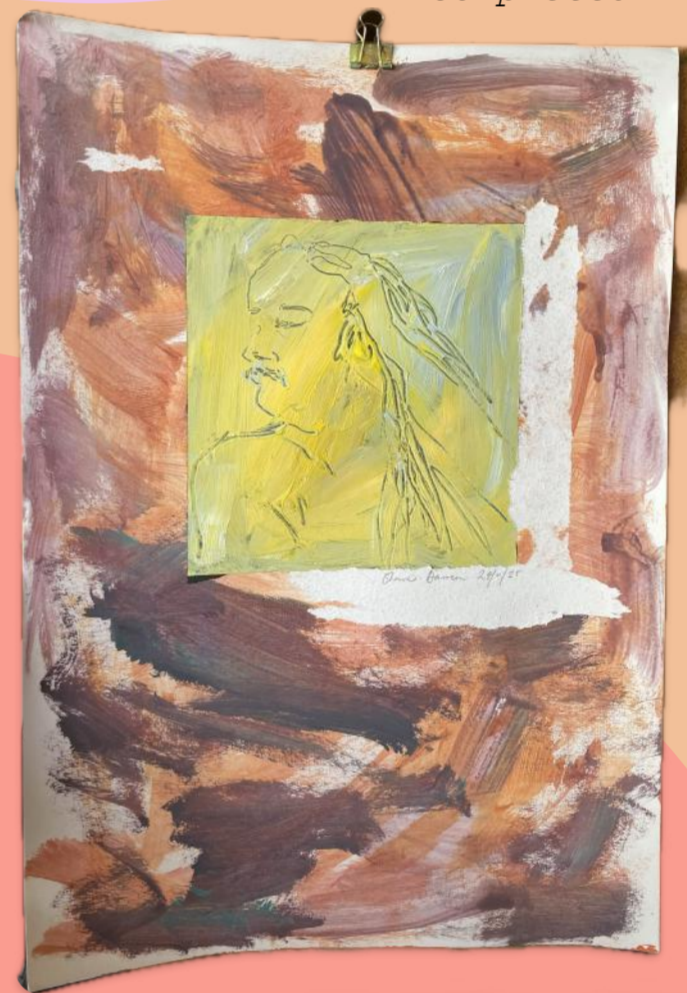
This painting of the chefs at De Sering was painted 2 days before the exhibition and completed 2 days after.

Mmmmmmm <3  
Henni Alfian I think it is your use of bluey green shadows or is it that you are painting a pink bathroom? Come on, it's probably both. Cheers hun.



**BEDECK YOURSELF AS A BEVERAGE**

We have all been there: Dehydrated, Desiccated, Thirsty.  
Don't you just love a tall glass of water when you are well and truly parched?  
So why not dress as one? Maybe it'll remind you to take a sip.



Shower Darren Technique: This one was painted and then sketched in with the back of my paintbrush

"If I'm wrong, I'm wrong and I'm strong and I'm sorry."

**Thank you Leon.**  
The Traitors Season 3, Episode 8.

What a legend. This is how I shall be apologising from now on.

**The Traitors, a masterpiece...**



And if, for some reason, dressing like a drink doesn't cut it. Just dress like our Claudia and you're in pretty safe hands. To be honest I think she lives her life as a work of art. She has an MA in Art History.

I've been meaning to recommend this incredible creation for a while. Another bit of art seepage:

**HANA VU - Dreams**  
'Romanticism'



Art seeping: This album cover is based on a boss ass painting from **Artemisia Gentileschi: Judith Beheading Holofernes.** I got to see it at the Uffizi years ago and it is so gory and intense.

